



FROM THE DESK OF **LUKE SIMONDS**

Thank you so much for downloading this Inshore Slam Cheat Sheet.

It's everything I wished was available back when I left bass fishing to focus on inshore saltwater fishing (where I struggled to consistently catch inshore slams for years until I discovered some of the tips I'll be sharing with you here in this PDF).

I have broken this PDF down into seasons (because gamefish honey holes shift from season to season), and each season contains my proven game plan that has worked from Texas to Louisiana to Florida to Georgia to North and South Carolina and Virginia.

Finally, if you'd like to see REAL-TIME inshore fishing reports, tips, and shortcuts with a network of over 12,000 other inshore fishermen like you (to truly become a more confident and consistent inshore angler), I hope you'll join us in our private Insider Club (if you haven't already).



You can learn more here: www.saltstrong.com

Tight lines!

Luke Simonds





INSHORE SLAM CHEAT SHEET (SPRING)

This is a time of transition for gamefish species. Because heat and cold aren't as intense as they are in the Summer and Winter, the main focus is to select areas that provide ample opportunities for gamefish to ambush prey.

MAXIMIZE STRUCTURE!



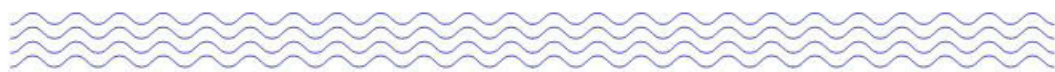
Redfish, Snook, and Seatrout will be moving out of backwater winter zones into the flats, bays and coastal rivers to hunt the influx of baitfish that appear in the Spring. Flounder will also start to return from their winter spawn offshore, so expect to see more of them coming into the inlets, passes, and intercoastal waterways.

Spring Game Plan

- ✓ **Morning:** Focus on the shallow flats and/or shorelines with lots of life (birds, bait, and any feeding activity) as the sun rises.
- ✓ **Mid-Day:** During mild temperature days, fish move between shallow and deeper water. Target middle zones with lots of bait near structure (oyster bars, shoreline points, potholes on grass flats, creek mouths, etc)
- ✓ **Evening:** Focus on shallow flats and shorelines because fish will actively feed there just like they were in the morning.

#1 SPRING LURE

During the spring, most fish start to transition from solely hunting shrimp to targeting small baitfish that are starting to show up on the flats. While you could go with either profile, the #1 lure to get the best of both profiles would be a **soft plastic jerk shad on a weedless hook**. By utilizing the twitch-twitch-pause retrieve, you can get the body and profile of either a small wounded baitfish or a fleeing shrimp!





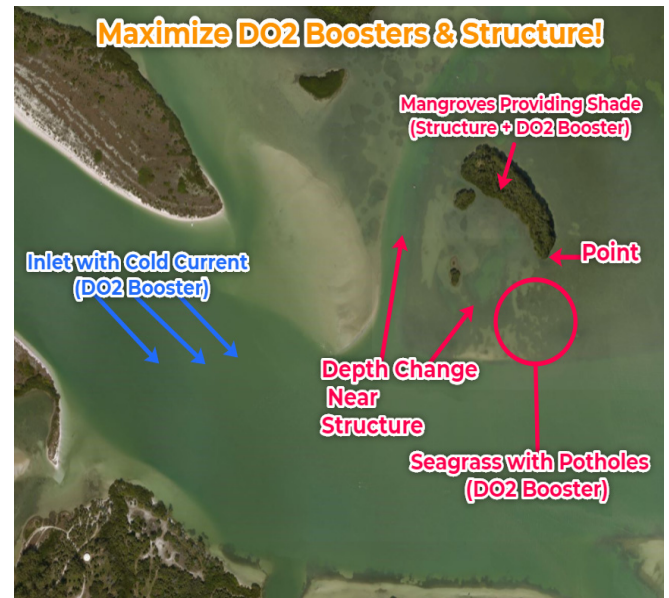
INSHORE SLAM CHEAT SHEET

(SUMMER)

During the summer, the amount of Dissolved Oxygen (DO₂) in the water decreases as water temperature increases. If you can find the areas with the most DO₂, you'll find the highest concentration of gamefish.

Let me repeat (because this is critical), focus on areas with higher DO₂. Most inshore fish are sensitive to low DO₂ levels and won't feed until they've moved to an area with enough of it.

You can narrow down the prime feeding zones by combining structure and DO₂ boosters like these:



- ✓ Zones in close proximity to inlets (Constant flow of colder, oxygen-rich water)
- ✓ Grass Flats with Potholes (Seagrass is a natural DO₂ booster)
- ✓ Windblown Points (Wind increases DO₂ and points generally have higher current than other areas)
- ✓ Deeper Water (temps become cooler as depth increases, thereby increasing DO₂)
- ✓ Shaded Water (Shade from docks or mangroves decreases temp, increasing DO₂)

SUMMER GAME PLAN

- ✓ **Morning:** Target areas within the shallows with lots of structure and bait
- ✓ **Mid-Day:** Target deeper/shaded water with multiple DO₂ boosters
- ✓ **Evening:** Target areas within the shallows with lots of structure and bait

#1 SUMMER LURE

By Summer, baitfish of all sizes are the most common prey. For this reason, the #1 lure to use would be a [soft plastic paddletail \(3-5" inches\) on a jighead or weedless hook](#). We recommend experimenting with different retrieve styles, but we've found the most productive pairing this time of year is a moderate speed retrieve combined with a stop-and-go action every few yards.





INSHORE SLAM CHEAT SHEET

(FALL)

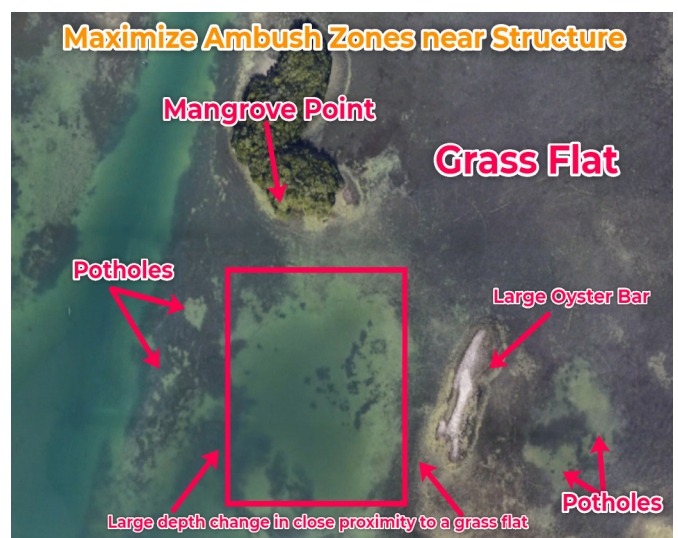
This is a major spawn/migration period for many gamefish species. Because heat and cold aren't as intense as they are in the Summer and Winter, [our spot selection should prioritize areas with lots of prey for gamefish to hunt.](#)

Snook and Seatrout: Both species can be found in bays, coastal rivers, and grass flats feeding in zones similar to where they were in the Spring, but will start their migration towards warm backwaters as the temperatures drop.

Redfish and Flounder: Most juveniles will stay inshore, but adults will migrate to inlets and passes. Target these two species under docks on intracoastal waterways (they use these docks as "pit stops" to feed and rest during their migration). Reds will complete their spawn by mid-Fall and return inshore, while flounder will push offshore to spawn and hold there through Winter.

FALL GAME PLAN

- ✓ **Morning:** Focus on the shallow flats, docks, and shorelines with lots of life (birds, bait, and any feeding activity) as the sun rises.
- ✓ **Mid-Day:** During mild temperature days, fish move between shallow and deeper water. Target middle zones with lots of bait near structure (oyster bars, docks, shoreline points, potholes on grass flats, creek mouths, etc)
- ✓ **Evening:** Focus on shallow flats and shorelines because fish will actively feed there just like they were in the morning.



#1 FALL LURE

During the Fall, baitfish have grown to their largest size throughout the year. Gamefish dial into these larger profiles and for this reason, [a large paddletail on a jighead](#) would be the #1 choice. This is the time of year when fish appear to be the most aggressive, so a steady retrieve near structure is usually all that's needed to entice a strike.





INSHORE SLAM CHEAT SHEET

(WINTER)

This is the time of year where the cold has concentrated the majority of gamefish in warmer backwater areas. It's also the time of year when the water is clearest, which makes for great sight fishing opportunities!

Gamefish have one goal in the Winter: find warm water so they can comfortably feed. If you can find that warm water, you'll find fish. Look for these heat incubator factors

- ✓ Dark Bottom (attracts heat)
- ✓ Mud Bottom (holds heat)
- ✓ Wind Protected Shorelines (barrier between cold wind and water)
- ✓ Direct Sunlight Zones
- ✓ Water Depth
 - Fish deeper depths in the early morning
 - Fish shallower waters during the high sunlight periods

My ideal winter spots are areas that span from shallow to deeper water (1 ft. to 6 ft. +) with lots of structure such as docks, oysters, seagrass, etc

WINTER GAME PLAN

- ✓ **Morning:** Prioritize deeper areas with some of the heat incubators listed above.
- ✓ **Mid-Day:** Shift up into the shallows with the most bait activity as the water warms up.
- ✓ **Evening:** I give priority to productive shallow spots in close proximity to deeper zones in the same general area. Try shifting back and forth between each to hone in on the ideal depth.

#1 WINTER LURE

Because baitfish are preyed upon heavily in the Fall, there are very few left going into the Winter. Because of this shortage and snook having lower-than-average energy levels in the winter, slow-moving shrimp are a primary prey. This makes an artificial shrimp (pre-rigged or on a jighead) the #1 lure for winter.





YOUR PRIVATE FISHING CLUB INVITATION

I wanted to thank you again for taking the time to download and read this Inshore Slam Cheat Sheet.

I hope you got a lot out of it.

The next step in truly becoming a consistent inshore slammer boils down to just two things:

1. Real-Time On-Demand Fishing Reports & Trends
2. A Network Of Fellow Fishermen In Your Area

The great news is that we've spent the last FOUR years building out a **network** of inshore fishermen from Texas to Florida to Virginia (over 12,000 members as of this writing) who are sharing **daily fishing reports, trends, shortcuts, and tips** with the private group.

It's called the **Salt Strong INSIDER Club** and we'd love to see you join today (risk-free) here: www.saltstrong.com

One INSIDER member said it best, ***"It's like having a full-time fishing guide in your back pocket."***

We even show our fishing spots every week, but more importantly, we reveal the science-based **TRENDS** on **WHY** the fish were there in each spot (so you can recreate it in your area).

Group Discounts on Tackle:

Now that the Insider Club has over 12,000 members, you'll save a ton of money on tackle because Club members receive 20% + group discounts on some of the top brands in the fishing industry!

Guarantee:

Your investment with the Insider Club is protected by our 100% THRILLED guarantee... if you're not completely thrilled with how this Club helps you catch more fish, while also saving money on fishing tackle, just let us know and we'll give you a full refund.

Join right now at www.saltstrong.com



HERE'S A FEW RECENT PICS FROM OUR MEMBERS

N.C. Inshore Slam with Bonus Shad

Mike Palmieri
VIP • 13 Followers
12 weeks ago • Blounts Creek • NC • Flounder • Redfish • Spotted Seatrout • Shad • Fishing Report

Finally got an Inshore Slam after 3 years of trying!
Can't thank SaltStrong enough!
From consistently skunked to consistently catching fish in 2 weeks time. Hands down the best subscription I have ever joined!



One Lure Slam!

Joe Lancaster
VIP • 218 Followers
4 months ago • Ruskin • Tampa Bay • Snook • Redfish • Spotted Seatrout • Fishing Report

Remarkable day out on the water ways of Tampa Bay. To start out the weather was absolutely beautiful! The tide, bait, and bite all came together allowing me to pull out an inshore slam in less than an hour using just one lure (mind you I also fish from a kayak)! What an absolute blessing today was out there and I can't wait to do it all over again!



Inshore Slam

Trip Vaughan
VIP • 10 Followers
2 months ago • Santa Rosa Beach • Panhandle • Redfish • Speckled Trout • Flounder • Fishing Report

I went fishing with my good friend Rob yesterday and was fortunate enough to catch my second inshore slam! We fished in 7-10' on the Mitchell River in the morning and caught some small reds and trout. As the water temp warmed we moved to the 3-5' areas and caught a few more redfish and a flounder. We were primarily fishing with 4" paddle tails but started throwing gulp shrimp in the



Inshore slam and a HUGE bonus!!

Charles Roberds
• 203 Followers
one year ago • Tarpon Springs • Tampa Bay • Snook • Redfish • Seatrout • Fishing Report

Started the day fishing with fellow insider Len Beyer and the goal for my day was an inshore slam. I wasn't going home until I hit the slam. Planned three spots and it took all three to complete the slam.



NOTE: This private club has worked for all inshore of ALL LEVELS (from newbies, to week-end warriors, to full-time guides) in ALL states that have redfish, speckled trout and flounder. Hope to see you in the club!

Visit www.saltstrong.com to join today!